

Appendix

A. About Asthma Control

- How would you rate the severity of your asthma
- How well controlled is your asthma at the moment
- How satisfied are you with this level of control
- How much time have you missed from school/work because of your asthma in the last three months
- How often have you been woken at night, by your asthma, in the last three months

B. Managing Asthma

- What is your smoking status
- Do you want help to give up smoking
- Can you cope with an asthma attack

Asthma Action plan

- When do you usually use your Written Asthma Action Plan (WAAP)
- How often would you use it
- How useful do you find the WAAP
- If you don't use your WAAP or don't find it useful can you please tell me why?
- Do you monitor your peak flow
- Have you seen a GP for your asthma in the last three months
- How many times have you visited the Emergency Department for your asthma in the last three months
- Have you been admitted to a hospital (stayed in ward) for asthma in the last three months
- Have you ever been admitted to an Intensive Care Unit (ICU)

C. Knowledge about Asthma

- During an asthma attack, the muscle around the airways tighten and the tubes become narrow (T/F)
- Although it cannot be cured, asthma can usually be controlled by taking medication (T/F)

D. Quality of Life

- I have been troubled by episodes of shortness of breath, wheezing attack or tightness in the chest (Not mild at all, Mild, Moderate, Severe, Very severe)
- I have been restricted in walking down the street on level ground or doing light housework because of asthma or shortness of breath (Not mild at all, Mild, Moderate, Severe, Very severe)

E. General Question

- What is your year of birth

- What is your gender
- Which of the following best describes your marital status
- Where are you born in Australia
- What country were you born in
- What language is spoken at home
- What is the post code
- What is your highest qualification
- Which of the following most accurately reflects your main occupational status
- What was the total income (before tax) of your family in the last year
- How many people, including your self, live permanently in your household